



OCTOBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Broccoli Cheese Chicken Breast Butter & Herb Rice Squash Carrot Cake	2 Breaded Shrimp Potato Salad Coleslaw Tropical Fruit
3 Pork Loin Au Gratin Potatoes Buttered Corn Cream Pie	4 Spaghetti with Garlic Bread Mixed Vegetables Jell-O Cake	5 Maidrite/Bun Mini Baker Potatoes Baked Beans Peanut Butter Cup Dessert	6 Cheddar Meat Loaf Mashed Pot/Gravy Creamed Corn Peaches	7 Pork Steak Baked Pot/Marg Green Beans Rhubarb Crunch	8 Chicken Lasagna w/ Garlic Bread Sugar Snap Peas Choc. Chip Bar	9 Pork Chop Sweet Potatoes Cauliflower Plums
10 Chicken Breast Party Potatoes Country Trio Veg. Cake Roll	11 Turkey Sweet Potatoes Harvard Beets Summer Swirl Cake	12 Creamy Swiss Steak Mashed Pot/Gravy Stewed Tomatoes Fruit Cocktail	13 Chicken Pot Pie Over Biscuit Lettuce/Dressing Raspberry Crisp	14 Manicotti with meat Sauce Breadstick California Veg. Watermelon	15 Ham w/Pineapple Mashed Pot/Gravy Mixed Vegetables Cookie	16 Beef & Noodles Carrots Cream Pie
17 Baked Ham Mashed Pot/Gravy Brussels Sprouts Fruit Pie	18 Cheddarwurst/Bun Potato Wedges Corn Casserole Cookie	19 Pork Chop Candied Yams Green Beans with Bacon Cherries	20 Roast Beef Mashed Pot/Gravy Stewed Tomatoes Chocolate Cake	21 Swiss Steak Au Gratin Potatoes Baked Cabbage Fruit & Yogurt Cup	22 Chicken Strips Hash brown Cass. Glazed Carrots Mandarin Oranges	23 Turkey Mashed Pot/Gravy Peas Cake Roll
24 Breaded Haddock Baked Potato Squash Bake Cream Pie	25 Liver & Onions Mashed Pot/Gravy Sugar Snap Peas Fruit Pizza	26 Herbed Chicken Cheesy Potatoes Honey Carrots Blueberries	27 Pork Fritter/Bun Mashed Pot/Gravy Pacific Vegetables Peach Cobbler	28 Ham Loaf Mini Baker Potatoes Scalloped Pineapple Pumpkin Crisp	29 Fish Sandwich Potato Cubes Wax Beans Plums	30 Baked Ham Stuffing Roasted Veggies Rice Krispie Bar

